



The Vanderbilt

NEWPORT, RHODE ISLAND

We invite you to spend part of your relaxing time in our Spa located on the ground floor.

Our suggestions for your experience would be to enjoy **a refreshing dive in our indoor pool** alternating with a cold shower. A total of 3 or 4 alternations are great not only to relax you and renew your energy, but also promote your health and beauty as well.

The **Sauna** is available free of charge for all our guests between 6am to 10pm. Health and age restrictions are posted at the Spa.

Facials

Le Grande Classique Deep pore cleansing, restoring and relaxing facial for her *or him* 60 minutes \$125

Alpha-Vital Radiance-enhancing, resurfacing treatment 60 minutes \$150

Advanced Optimizer With hibiscus and lupine peptides, lifting and firming facial experience 60 minutes \$150

Body Treatments

Vanderbilt Seasonal Body Treatment Natural botanicals and fruits combined with the purest oils, sugars and scrubs bring a renewing glow for Spring, Summer, Autumn or Winter Length of services and price may vary.

Gommage Marin Invigorating body polish rich in mineral salts and trace elements. This is a perfect complement to our Vanderbilt Signature Massage 30 minutes \$85

Sole to Soul Foot Ritual Dip your feet into a warm aromatic bath of healing salts and essential oils before your polishing scrub from toe to knee, deeply warming massage to tired feet and finally a shoulder and scalp massage. 45minutes \$85

The Vanderbilt Spa

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Body Massages

The Vanderbilt Signature A customized therapeutic massage incorporating warm aromatic compresses 60/90 minutes \$115/\$175

Amber Soothing massage oil candle treatment...as if every bit of the body had no choice but to unwind and relax 60 minutes \$125

Deep Tissue A perfect massage after sport or travel to refresh of toxins and enliven circulation 60/90 minutes \$135/\$195

The Brenton Point Hot Stone Massage With stones washed under the breaking waters of the Atlantic Shoreline, deeply penetrating warmth reaches aching and fatigued muscles to the soul 60 minutes \$145

Mommy-to-Be An expecting mother or new mother experiences many exciting changes. Specially trained therapists can bring comfort to aching back, hip and leg and help Mommy relax 60 minutes \$125

The Duet A warm fireplace welcomes you into your Duet Spa Suite perfect for couples, Mother- Daughters or two best friends 60/90 minutes \$250/\$350

Signature Treatments

Thai Yoga Massage A unique and deeply relaxing ancient practice that profoundly resets and restores the mind and body 60 minutes \$125

Migraine Miracle® Cold Stone Therapy A natural, safe, holistic and uniquely instinctual method for relieving the symptoms of migraine headaches. The Migraine Miracle® healing method incorporates cold stone therapy, proprietary essential oil blends and pressure point massage. This method provides a renewed sense of balance and harmony along with dramatic relief from migraine headaches without the use of prescription drugs. 30/60 minutes \$85/\$125

*Cancellations must be made prior to 24 hours of service to avoid full penalty.